



Care and Use Instructions for Prosthetic Feet

General Description:

Your prosthesis is very important. It is designed to enhance your activity level, mobility and help you become more independent. Whether you are just starting out as a new amputee or you have progressed to a new higher level component here are a few things to follow while wearing your prosthetic foot.

Wearing your prosthesis:

Your foot has been specifically aligned to optimize your gait the bolts are bonded into position and no attempt should be made to adjust after delivery

If you change your foot-wear please consult with your prosthetist to ensure your new foot-wear is optimized

Many prosthetic foot shells have a realistic appearance and toe nails may be painted without any concerns to durability

Follow your prosthetist's instructions

Maintenance:

This device is weatherproof, but not resistant to corrosion. The device should not come into contact with salt water or chlorinated water. In cases where it does, the device must be rinsed with fresh water immediately, and dried with a lint-free cloth, and let it air dry- contact your prosthetist with any further questions.

The device is not designed to be used in extreme conditions such as diving, jumping into water Should you notice any visual wear and tear of your foot shell you should contact your prosthetist right away as it could compromise the durability of the foot component itself. i.e., splitting around the ball of the foot, wear at the heel of the foot.

Common Concerns:

Check your limb- your residual limb is very important. Look at it daily and if you have any redness or pain call your prosthetist

Volume/ Swelling- often, your residual limb will fluctuate in size. If the size of your limb reduces, it is often necessary to adjust the fit of the prosthesis. The most common technique involves adding or removing the number of prosthetic socks.

Noise- This may occur if sand or debris are present between blades, or other factors may be a cause of this please contact your prosthetic provider if this should occur